



3
DAYS

Mountaineering, Acamarachi

Explore the Salt Flats of the Altiplano and ascend a true 6000, the Acamarachi 6046 m. Prior acclimatization is necessary. With this program you can acclimate on your own or taking other excursions with us.

1ST DAY:
Trek Tara / Aguas Calientes.

2ND DAY:
Trek Aguas Calientes / Pujsa.

3RD DAY:
Ascent Acamarachi, 6046 m.

4 NIGHTS AND 3 DAYS. INCLUDES ONLY INDICATED MEALS. IF YOU WANT TO ADD ACCOMMODATIONS IN SAN PEDRO AND TRANSFERS FROM CALAMA, SEE OUR WEBSITE.

WE ASK YOU NOT TO UNDERESTIMATE THESE ACTIVITIES, WALKING AT HIGH ALTITUDE IS VERY DIFFERENT FROM WALKING AT SEA LEVEL. SO THAT YOU CAN ENJOY THESE ACTIVITIES IT IS NECESSARY TO GO THROUGH A PROCESS OF ACCLIMATIZATION THAT INCREASES THE AMOUNT OF RED BLOOD CELLS, THESE FACILITATE THE ABSORPTION OF OXYGEN AT GREAT ALTITUDES.

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DAY 01



We'll hike for about 6 hours through landscapes that seem to be from another planet, rock pillars rise over gravel soils, formed by a millennia of erosion.

At the end of our trek we'll arrive at the impressive Salar de Tara. Surrounded by impressive geological formations known as Cathedrals of Tara, vicuñas and flamingos amongst other bird species.

We return to the vehicle, and go off road back to our camp site next to the Aguas Calientes Lake.

Car Distance: 130 km.

Trek Aguas Calientes / Tara: 22,7 km.

Altitude: 4300 m.

Accommodations:

Camp site, Aguas Calientes (4240 m).

Meals: Breakfast at hotel + Lunch + Dinner + Snacks

DAY 02



From Aguas Calientes we begin a 6-hour trek to the Pujsa Salt Flat, home to hundreds of pink James flamingos. This lake is characterized by its reddish tones produced by algae and by the white borax islands that splash its waters.

We drive up to the base of Acamarachi and set up camp.

Distance: 15 km.

Trek Aguas Calientes / Pujsa: 18 km.

Altitude: Min. 4300, Max. 4500 m.

Accommodations:

At camp, base of Acamarachi (4900 m.)

Meals: Breakfast + Lunch + Diner + Snacks.

DAY 03



Ascension of the Acamarachi volcano (or Pili), 6 hours of climbing and 4 hours of descent.

Its name comes from an Aymara word that translates as Stone Snail and that would be explained by the two points that rise to each end of the crater of this imposing stratovolcano. About 500 years ago the Incas made it one of its high-altitude sanctuaries and a setting for sacred ceremonies. In 1972 they found on its summit; A statuette of gold and another of silver, textiles, feathers, ornaments, strands of human hair among others.

Return to San Pedro de Atacama.

Car Distance: 130 km.

Accommodations: In hotel, San Pedro.

Meals: Breakfast + Lunch + Snacks.

Start: 4750 m.

Summit: 6046 m.

Walking distance: 4,8 km.

Height Difference / Rise: 1296 m.

YOU SHOULD CONSIDER THE FOLLOWING

Do not underestimate the treks based on distances and numbers. Do not compare activities that you normally do where you live with the activities we are proposing, the climate, the altitude and the qualities of the terrain often make it much more difficult to progress on one of these routes. It often happens that people accustomed to walking and outdoor activities feel that distances and efforts are greater than they seem. Our itineraries are built to ease you into it.

YOU'LL NEED

Clothing must meet the following requirements: It must be adequate, comfortable, give shelter and insulation, be resistant, be consistent, maintain a restricted volume and weight, if possible waterproof.

It is important to bring **YOUR OWN SLEEPING BAG** -15/-20C° resistance.

You'll also need:

- [] Sunscreen, at least 50FPS.
- [] Sunglasses (Ideally Spectron 3 or more).
- [] Mountain boots (or trekking), they should cover and protect your ankles, with rigid sole.
- [] For legs and torso, dress using a layer system. First layer consists of water repellent fabric, the second layer must be a fleece or a material that keeps warm air next to the body, and the third layer must protect and isolate you from elements such as wind, rain and snow.
- [] Gloves (Double layer recommended for mountain).
- [] Cap to protect against solar radiation and wind in the head and ears (It depends on the activity, it can be a wool cap, a jockey, a Baff or in mountain even a Balaclava)
- [] Walking sticks are recommended, but not mandatory.
- [] Backpack that meets the requirements of the activities to be carried out.
- [] Frontal flashlight for camping (an external charger is a good idea).
- [] Slippers or something comfortable to get into when at the camp (also thick sleeping socks).

WE HAVE

- > Tents.
- > Sleeping mats.
- > Food.
- > Spot / GPS.
- > First Aid Kit.

